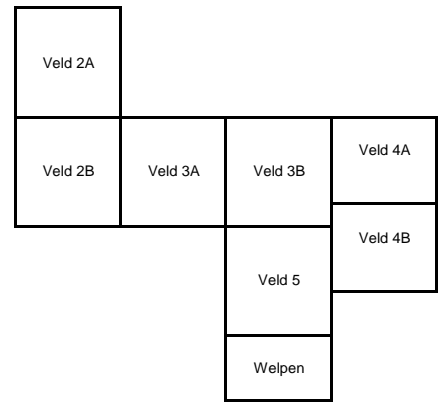


Trainingsschema SDO 2018 - 2019

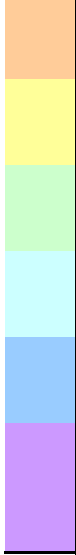
| Maandag |         |         |          |          |         |          | Dinsdag |                |          |          |            |               |  |
|---------|---------|---------|----------|----------|---------|----------|---------|----------------|----------|----------|------------|---------------|--|
| Veld 2A | Veld 2B | Veld 3A | Veld 3B  | Veld 4A  | Veld 4B | Veld 5   | Veld 2A | Veld 2B        | Veld 3A  | Veld 3B  | Veld 4A    | Veld 4B       |  |
| 16.00   |         |         |          |          |         |          | 16.00   |                |          |          |            | JO9-1         |  |
| 16.15   |         |         |          |          |         |          | 16.15   |                |          |          |            | JO9-1         |  |
| 16.30   |         |         |          |          |         |          | 16.30   |                |          |          |            | JO9-1         |  |
| 16.45   |         |         |          |          |         |          | 16.45   |                |          |          |            | JO9-1         |  |
| 17.00   |         | JO11-1  | JO13-4   | JO10-1   |         | MO13-1/2 | 17.00   | JO10-3         | JO11-1/2 | JO10-1/2 |            | JO8-1         |  |
| 17.15   |         | JO11-1  | JO13-4   | JO10-1   |         | MO13-1/2 | 17.15   | Keepers/JO10-3 | JO11-1/2 | JO10-1/2 |            | JO8-1         |  |
| 17.30   |         | JO11-1  | JO13-4   | JO10-1   |         | MO13-1/2 | 17.30   | Keepers/JO10-3 | JO11-1/2 | JO10-1/2 |            | JO8-1         |  |
| 17.45   |         | JO11-1  | JO13-4   | JO10-1   |         | MO13-1/2 | 17.45   | Keepers/JO10-3 | JO11-1/2 | JO10-1/2 |            | JO8-1         |  |
| 18.00   | JO13-1  | JO13-2  | JO12-1/2 | JO12-3/4 | MO15-2  | MO15-1   | 18.00   | Keepers        | JO15-1   | JO13-3   | JO14-2     | JO14-3        |  |
| 18.15   | JO13-1  | JO13-2  | JO12-1/2 | JO12-3/4 | MO15-2  | MO15-1   | 18.15   | Keepers        | JO15-1   | JO13-3   | JO14-2     | JO14-3        |  |
| 18.30   | JO13-1  | JO13-2  | JO12-1/2 | JO12-3/4 | MO15-2  | MO15-1   | 18.30   | Keepers        | JO15-1   | JO13-3   | JO14-2     | JO14-3        |  |
| 18.45   | JO13-1  | JO13-2  | JO12-1/2 | JO12-3/4 | MO15-2  | MO15-1   | 18.45   | Keepers        | JO15-1   | JO13-3   | JO14-2     | JO14-3        |  |
| 19.00   | JO13-1  | JO13-2  | JO15-1   | JO14-1   | MO15-2  | MO15-1   | 19.00   | Keepers        | JO15-1   | JO15-2   | JO15-3     | JO15-4        |  |
| 19.15   | JO17-2  | JO17-1  | JO15-1   | JO14-1   | MO17-2  | MO17-1   | 19.15   | Keepers        | JO15-1   | JO15-2   | JO15-3     | JO15-4        |  |
| 19.30   | JO17-2  | JO17-1  | JO15-1   | JO14-1   | MO17-2  | MO17-1   | 19.30   | Keepers        | Keepers  | JO15-2   | JO15-3     | JO15-4        |  |
| 19.45   | JO17-2  | JO17-1  | JO15-1   | JO14-1   | MO17-2  | MO17-1   | 19.45   | Keepers        | Keepers  | JO15-2   | JO15-3     | JO15-4        |  |
| 20.00   | JO17-2  | JO17-1  | JO15-1   | JO14-1   | MO17-2  | MO17-1   | 20.00   | Hr.Zon 1       | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3 | Hr.Zon 3/Vr 1 |  |
| 20.15   | JO17-2  | JO17-1  | JO16-1   | JO17-3   | MO17-2  | MO17-1   | 20.15   | Hr.Zon 1       | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3 | Hr.Zon 3/Vr 1 |  |
| 20.30   | JO19-1  | JO19-1  | JO16-1   | JO17-3   | ZAT 3   | JO19-3   | 20.30   | Hr.Zon 1       | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3 | Hr.Zon 3/Vr 1 |  |
| 20.45   | JO19-1  | JO19-1  | JO16-1   | JO17-3   | ZAT 3   | JO19-3   | 20.45   | Hr.Zon 1       | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3 | Hr.Zon 3/Vr 1 |  |
| 21.00   | JO19-1  | JO19-1  | JO16-1   | JO17-3   | ZAT 3   | JO19-3   | 21.00   | Hr.Zon 1       | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3 | Hr.Zon 3/Vr 1 |  |
| 21.15   | JO19-1  | JO19-1  | JO16-1   | JO17-3   | ZAT 3   | JO19-3   | 21.15   | Hr.Zon 1       | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3 | Hr.Zon 3/Vr 1 |  |
| 21.30   | JO19-1  | JO19-1  |          |          | ZAT 3   | JO19-3   | 21.30   |                |          |          |            |               |  |
| 21.45   | JO19-1  | JO19-1  |          |          | ZAT 3   | JO19-3   | 21.45   |                |          |          |            |               |  |
| 22.00   |         |         |          |          |         |          | 22.00   |                |          |          |            |               |  |
| 22.15   |         |         |          |          |         |          | 22.15   |                |          |          |            |               |  |

| Woensdag |          |             |             |            |               |          | Donderdag |          |          |          |             |               |  |
|----------|----------|-------------|-------------|------------|---------------|----------|-----------|----------|----------|----------|-------------|---------------|--|
| Veld 2A  | Veld 2B  | Veld 3A     | Veld 3B     | Veld 4A    | Veld 4B       | Veld 5   | Veld 2A   | Veld 2B  | Veld 3A  | Veld 3B  | Veld 4A     | Veld 4B       |  |
| 14.00    |          |             |             |            |               |          |           |          |          |          |             |               |  |
| 14.15    |          |             |             |            |               |          |           |          |          |          |             |               |  |
| 14.30    |          |             |             |            |               |          |           |          |          |          |             |               |  |
| 14.45    |          |             |             |            | Welpen        | Welpen   |           |          |          |          |             |               |  |
| 15.00    |          |             |             |            | Welpen        | Welpen   |           |          |          |          |             |               |  |
| 15.15    |          |             |             |            | Welpen        | Welpen   |           |          |          |          |             |               |  |
| 15.30    |          |             |             |            | Welpen        | Welpen   |           |          |          |          |             |               |  |
| 15.45    |          |             |             |            |               |          |           |          |          |          |             |               |  |
| 16.00    |          |             | JO8/3-JO9-3 | JO9-4/5    |               | WK       | 16.00     |          |          | JO8-1    |             |               |  |
| 16.15    |          |             | JO8/3-JO9-3 | JO9-4/5    |               | WK       | 16.15     |          |          | JO8-1    |             |               |  |
| 16.30    |          |             | JO8/3-JO9-3 | JO9-4/5    |               | WK       | 16.30     |          |          | JO8-1    |             |               |  |
| 16.45    |          |             | JO8/3-JO9-3 | JO9-4/5    |               | WK       | 16.45     |          |          | JO8-1    |             |               |  |
| 17.00    | JO12-2/4 | JO8-2/JO9-2 | JO10-3/4    | JO11-3/4/5 | JO9-6M/MO11-2 | MO11-3/4 | 17.00     | JO13-3   | JO11-1/2 | JO9-1    | JO8-2/JO9-2 | JO10-1/2      |  |
| 17.15    | JO12-2/4 | JO8-2/JO9-2 | JO10-3/4    | JO11-3/4/5 | JO9-6M/MO11-2 | MO11-3/4 | 17.15     | JO13-3   | JO11-1/2 | JO9-1    | JO8-2/JO9-2 | JO10-1/2      |  |
| 17.30    | JO12-2/4 | JO8-2/JO9-2 | JO10-3/4    | JO11-3/4/5 | JO9-6M/MO11-2 | MO11-3/4 | 17.30     | JO13-3   | JO11-1/2 | JO9-1    | JO8-2/JO9-2 | JO10-1/2      |  |
| 17.45    | JO12-2/4 | JO8-2/JO9-2 | JO10-3/4    | JO11-3/4/5 | JO9-6M/MO11-2 | MO11-3/4 | 17.45     | JO13-3   | JO11-1/2 | JO9-1    | JO8-2/JO9-2 | JO10-1/2      |  |
| 18.00    | JO12-1/3 | MO11-1      | JO13-1      | JO13-2     | MO15-2        | MO15-1   | 18.00     | JO14-1   | JO15-1   | JO13-1   | JO13-2      | JO15-3        |  |
| 18.15    | JO12-1/3 | MO11-1      | JO13-1      | JO13-2     | MO15-2        | MO15-1   | 18.15     | JO14-1   | JO15-1   | JO13-1   | JO13-2      | JO15-3        |  |
| 18.30    | JO12-1/3 | MO11-1      | JO13-1      | JO13-2     | MO15-2        | MO15-1   | 18.30     | JO14-1   | JO15-1   | JO13-1   | JO13-2      | JO14-2        |  |
| 18.45    | JO12-1/3 | MO11-1      | JO13-1      | JO13-2     | MO15-2        | MO15-1   | 18.45     | JO14-1   | JO15-1   | JO13-1   | JO13-2      | JO14-2        |  |
| 19.00    | JO16-1   | JO17-1      | MO13-1/2    | G          | MO17-2        | MO17-1   | 19.00     | JO14-1   | JO15-1   | JO13-1   | JO13-2      | JO14-2        |  |
| 19.15    | JO16-1   | JO17-1      | MO13-1/2    | G          | MO17-2        | MO17-1   | 19.15     | JO14-1   | JO15-1   | JO13-1   | JO13-2      | JO14-2        |  |
| 19.30    | JO16-1   | JO17-1      | MO13-1/2    | G          | MO17-2        | MO17-1   | 19.30     | Hr.Zon 1 | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3  | Hr.Zon 3/Vr 1 |  |
| 19.45    | JO16-1   | JO17-1      | MO13-1/2    | G          | MO17-2        | MO17-1   | 19.45     | Hr.Zon 1 | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3  | Hr.Zon 3/Vr 1 |  |
| 20.00    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 20.00     | Hr.Zon 1 | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3  | Hr.Zon 3/Vr 1 |  |
| 20.15    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 20.15     | Hr.Zon 1 | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3  | Hr.Zon 3/Vr 1 |  |
| 20.30    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 20.30     | Hr.Zon 1 | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3  | Hr.Zon 3/Vr 1 |  |
| 20.45    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 20.45     | Hr.Zon 1 | Hr.Zon 1 | Hr.Zon 2 | Hr.Zon 2/3  | Hr.Zon 3/Vr 1 |  |
| 21.00    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 21.00     | Hr.Zon 1 | Hr.Zon 1 | ZON 4    | ZAT 4       | ZAT 2         |  |
| 21.15    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 21.15     |          |          | ZON 4    | ZAT 4       | ZAT 2         |  |
| 21.30    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 21.30     |          |          | ZON 4    | ZAT 4       | ZAT 2         |  |
| 21.45    | JO19-1   | JO19-1      | COVS        | VR 2       | JO19-5        | JO19-4   | 21.45     |          |          | ZON 4    | ZAT 4       | ZAT 2         |  |
| 22.00    |          |             |             |            |               |          | 22.00     |          |          | ZON 4    | ZAT 4       | ZAT 2         |  |
| 22.15    |          |             |             |            |               |          | 22.15     |          |          | ZON 4    | ZAT 4       | ZAT 2         |  |

| Veld 2A | Veld 2B  | Veld 3A  | Veld 3B    | Veld 4A    | Veld 4B  | Veld 5   |
|---------|----------|----------|------------|------------|----------|----------|
| 16.00   |          |          |            |            |          |          |
| 16.15   |          |          |            |            |          |          |
| 16.30   |          |          |            |            |          |          |
| 16.45   |          |          |            |            |          |          |
| 17.00   |          |          | Techniekr. | Techniekr. |          | MO11-1   |
| 17.15   |          |          | Techniekr. | Techniekr. |          | MO11-1   |
| 17.30   |          |          | Techniekr. | Techniekr. |          | MO11-1   |
| 17.45   |          |          | Techniekr. | Techniekr. |          | MO11-1   |
| 18.00   |          |          | Techniekr. | Techniekr. |          |          |
| 18.15   |          | JO19-5   | Techniekr. | Techniekr. | JO19-4   | JO19-3   |
| 18.30   |          | JO19-5   | Techniekr. | Techniekr. | JO19-4   | JO19-3   |
| 18.45   |          | JO19-5   | Techniekr. | Techniekr. | JO19-4   | JO19-3   |
| 19.00   |          | JO19-5   |            |            | JO19-4   | JO19-3   |
| 19.15   |          | JO19-5   |            |            | JO19-4   | JO19-3   |
| 19.30   | 7x7 comp | 7x7 comp | 7x7 comp   | 7x7 comp   | 7x7 comp | 7x7 comp |
| 19.45   | 7x7 comp | 7x7 comp | 7x7 comp   | 7x7 comp   | 7x7 comp | 7x7 comp |
| 20.00   | 7x7 comp | 7x7 comp | 7x7 comp   | 7x7 comp   | 7x7 comp | 7x7 comp |
| 20.15   | 7x7 comp | 7x7 comp | 7x7 comp   | 7x7 comp   | 7x7 comp | 7x7 comp |
| 20.30   | 7x7 comp | 7x7 comp | 7x7 comp   | 7x7 comp   | 7x7 comp | 7x7 comp |
| 20.45   | 7x7 comp | 7x7 comp | 7x7 comp   | 7x7 comp   | 7x7 comp | 7x7 comp |
| 21.00   |          |          |            |            |          |          |
| 21.15   |          |          |            |            |          |          |



Veld 5



Veld 5

